



# What is Mediation?

Mediation is a process wherein the parties meet with a mutually selected impartial third party who assists them in the negotiation of their differences

## TYPES OF MEDIATION

### FACILITATIVE

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The mediator facilitates a process to assist parties in reaching a mutually agreed upon solution  
Focus on interests and increasing understanding between parties

### TRANSFORMATIVE

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The mediator's main goal is to promote each party's empowerment and recognize their interests and perspectives  
Goal of transforming parties' thinking about the issue and party relationships

### EVALUATIVE

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The mediator assists the parties in reaching a solution by pointing out their positions' weaknesses  
Concern with legal rights of the parties, not interests